



## NEW YEAR RESOLUTIONS

How am I going to live during the New Year? With a tight fist to control and protect all I love? Or with an open hand, trusting in God and others?

Love, peace and joy are like water that escapes between our fingers when we try to keep them for ourselves. Contrary to what commercials tell us, they cannot be bought and you only possess them when you give them away. *For whoever wants to save their life will lose it, but whoever loses their life for me will find it* (Mt 16:25). What if we all try to share a little more love, a little more peace, a little more joy? It would certainly be a happy New Year!